

WH **WORKPLACE HEALTH**

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Workers' Compensation and Group Health*

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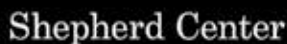
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Life doesn't always go as planned. But it's comforting to know that if you sustain a brain or spinal cord injury, have a stroke or live with multiple sclerosis, or spine or chronic pain, you have access to one of the nation's top 10 rehabilitation hospitals. Based in Atlanta, it's a place where you get the most advanced technology and highest levels of specialized care, as well as something really amazing - hope. So when the unexpected happens, turn to the leader - Shepherd Center. To learn more, visit shepherd.org.

A smiling female doctor with short dark hair, wearing a white lab coat over an orange patterned top. She has a black stethoscope around her neck. The background is a textured blue wall with white curved lines. A name tag on her lab coat reads "Dr. Elena K. Cho" and "Physician, Women & Baby".

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Videos funded by grant from Craig H. Neilsen Foundation address life after SCI for women.

“Research shows that while both men and women with disabilities are at a greater risk for health challenges and health care disparities, women in particular are more likely to delay or avoid routine primary and preventative healthcare appointments, such as mammograms, pelvic exams and screenings for cervical cancer than their counterparts who do not have disabilities,” said Teresa Foy, OT, Comprehensive Rehabilitation Unit program manager at ShepherdCenter. “Without these routine screenings and preventative care, women with disabilities are at an even higher risk for serious health complications. Through this video series, we hope to create opportunities for women with SCI to seek out the medical expertise they need and deserve to pursue lifelong health and wellness.”

You can view all nine videos on MyShepherd Connection or on ShepherdCenter's YouTube channel.