Dr. Andrew Zasada.

Images of witches riding brooms and burning crops and other goods were a staple of fall. While the exact phrase has at least been in use since the 14th century, the modern-day phrase "trick-or-treating" came into widespread use in the mid-20th century.

For children at high risk, limit toys which can harbor RSV. "If your child is high risk, change toys after each visit and wash them regularly," Zasada said. "Always wash your hands after touching toys or objects." RSV is especially contagious for those under six months of age and those over 65, especially if they have other chronic health conditions.

"If you see your healthy enough kids having RSV symptoms or getting severely dehydrated," Zasada said. "It's something to be aware of and if it's getting really bad, medical treatment is necessary."

The symptoms of RSV can overlap with those of COVID-19, which also makes it especially important to watch for changes in children's health.