

JEMCOnews

SAVE ENERGY (and money) **THIS WINTER**



JANUARY 2020 | IN THIS ISSUE

SIGN UP FOR BUDGET BILLING
SAVE ON ADMISSION TO NORTH ATLANTA HOME SHOW
COMMUNITY IMPACT: ATHENS NURSES CLINIC



WE'RE HERE TO HELP YOU SAVE ENERGY

If, like me, you're tired of those New Year's resolutions that have something to do with eating better and exercising more, then maybe a resolution about being more energy efficient will recharge your batteries this year.

I got that idea from the great feedback you gave us in our recent member communication survey. Those results showed us you want more information on how to save energy. Knowing that, we thought what better time than the new year to update you on the ways to save energy. The nice thing is we make it easy.

For great ideas on ways to save on energy, read more here in *JEMCO News*. It's one of the best sources from Jackson EMC for information on ways to save energy. And it's just one of the many ways we educate members about energy efficiency. You can also turn to our social media channels, website, mobile app and other avenues to get helpful energy efficiency tips.

We have representatives available who can conduct an evaluation of your home's energy use and offer recommendations for energy efficiency improvements. If you're planning to install a new energy efficient heat pump or water heater, Jackson EMC offers rebates. For more information about these services, visit jacksonemc.com/savenow.

If you want a deeper dive in the new year to track your energy use, we have some great new ways to help. We recently launched a new mobile app and website with tools to help you monitor your energy use. The MyJacksonEMC mobile app and website allow you to view your energy use by the hour, day, month or billing period. It's a great way to see how your energy use can change by the day or even hour.

As we head into the new year, just remember that as your not-for-profit electric cooperative, we want to be your trusted energy resource. And when you're looking

for ways to save energy, you can turn to us for guidance. Best of all, you now have at least one more option to consider for a New Year's resolution. And it's one that doesn't require diet and exercise. You can thank me later.

Have a story to share on how we helped you save energy? Email me at chip@jacksonemc.com.

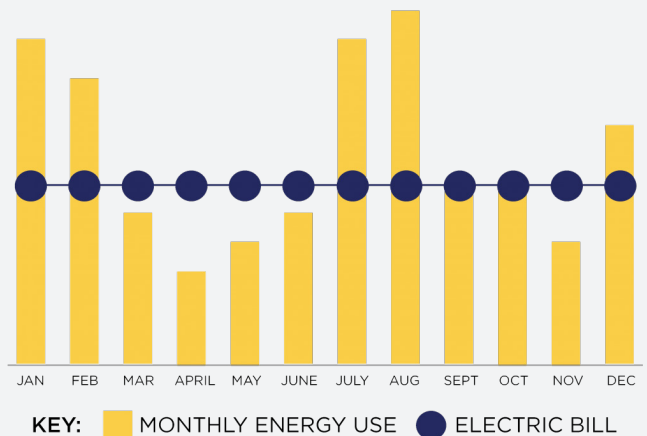
Chip Jakins, President/CEO

NEED TO KNOW: BUDGET BILLING

NEED TO KNOW HOW MUCH YOUR ELECTRIC BILL WILL COST EACH MONTH?

With Jackson EMC's budget billing program, you pay the same amount each month.

In winter and summer months, heating and air conditioning systems are used more often, which is reflected in electric bills. Budget billing takes the 12-month average of your household's electric bill and balances it so you pay the same amount each month.



VISIT JACKSONEMC.COM/BUDGETBILLING FOR DETAILS.

VOL. 69, NO. 1, JANUARY 2020 (ISSN 1061-5601), IS PUBLISHED MONTHLY BY THE COMMUNICATION DEPARTMENT OF JACKSON ELECTRIC MEMBERSHIP CORP., 825 BUFORD DRIVE LAWRENCEVILLE, GA. SUBSCRIPTION \$3.50 PER YEAR AS PART OF YEARLY MEMBERSHIP. PERIODICALS POSTAGE PAID AT LAWRENCEVILLE, GA AND ADDITIONAL MAILING OFFICES. Kerri Testament, Editor. | POSTMASTER: Send address changes to *JEMCO News* 825 Buford Drive Lawrenceville, GA.

Ham and Broccoli Bake



“ This is a favorite pot luck casserole because it doesn't have to be served piping hot. It travels well! ”
— BOBBE COLE, SUWANNEE

DIRECTIONS:

Cook grains according to directions. Steam broccoli. Preheat oven to 375 degrees. Spray a 9"x13" baking pan with nonstick cooking spray.

In a large skillet, warm 1 Tbsp. olive oil. Add chopped onions. Cook until translucent. Add chopped garlic and cook for one minute. Add remaining olive oil, cooked chopped broccoli with 1/2 tsp. salt. Raise heat and stir until broccoli browns. Add water and cover. Leave broccoli until tender. Season as needed.

INGREDIENTS:

- 2 Tbsp. olive oil
- 1 medium yellow onion, chopped
- 2 cloves garlic, chopped
- 1 head broccoli florets, coarsely chopped
- 1/2 tsp. salt
- 2 Tbsp. water
- 1 cup ricotta cheese
- 1/2 cup sour cream or plain Greek yogurt
- 2 eggs
- 3 cups cooked grains (wild rice, white or brown rice, farro, or orzo pasta)
- 1/2 pound ham, cooked, cut in small cubes
- 1/2 cup fresh basil, slivered
- 1 1/2 cups Monterey Jack or sharp cheddar cheese, shredded, divided
- Salt and pepper to taste

In a small bowl, stir together ricotta cheese, sour cream or yogurt, and eggs. Whisk for 1 minute. In a large bowl, combine cooked grains, cooked vegetables, ham and basil. Add ricotta mixture and 1 cup cheese to large bowl and stir. Pour mixture in prepared baking dish. Sprinkle with remaining cheese. Cover with foil spritzed with cooking spray (to prevent cheese from sticking to foil).

Bake 30 minutes, remove foil and bake additional 30 minutes until cheese melts and is bubbly.

SEND US YOUR BEST RECIPES: RECIPES@JACKSONEMC.COM OR MAIL TO:
COOPERATIVE COOKING | JACKSON EMC | PO BOX 38 | JEFFERSON, GA 30549
FIND MORE RECIPES AT WWW.JACKSONEMC.COM/RECIPES.



STUDENTS: APPLY FOR \$1,000 SCHOLARSHIP

Jackson EMC is accepting applications for the annual Walter Harrison Scholarship, which provides \$1,000 for academic expenses to students pursuing a post-secondary education at Georgia colleges and technical schools.

students who live in a primary residence served by Jackson EMC. The scholarship is administered by Georgia EMC.

Named in honor of a leader in the state and national electric cooperative movements, the Walter Harrison Scholarship is open to

Applicants must be accepted, or currently enrolled, as a full- or part-time student, at any accredited two- or four-year university, college, or vocational-technical institute in Georgia.

DEADLINE
TO APPLY:
JANUARY 31, 2020

 APPLICATION AND COMPLETE DETAILS AVAILABLE AT JACKSONEMC.COM/WALTERHARRISONSCSCHOLARSHIP.

SAVE ENERGY (and money) THIS WINTER

When the temperature outside begins to drop, keeping your home warm and comfortable can become more challenging. With a few simple steps, you can save energy - and money - on your electric bill this winter.



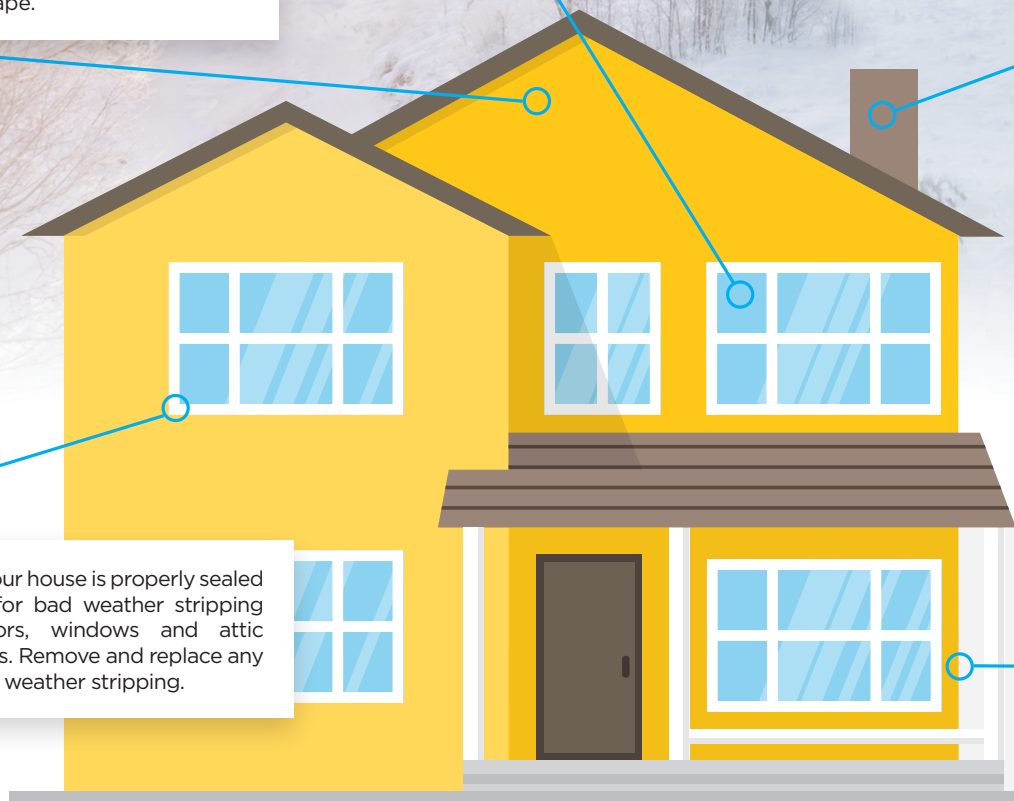
Use the sun's radiant heat by opening your curtains and blinds during the day to warm the house. Close the blinds at night to reduce heat loss through the windows.



Add more insulation to your attic. Over time, insulation can compress or shift, which leads to spaces where heat can escape.



Make sure your house is properly sealed by looking for bad weather stripping around doors, windows and attic access points. Remove and replace any caulk or bad weather stripping.



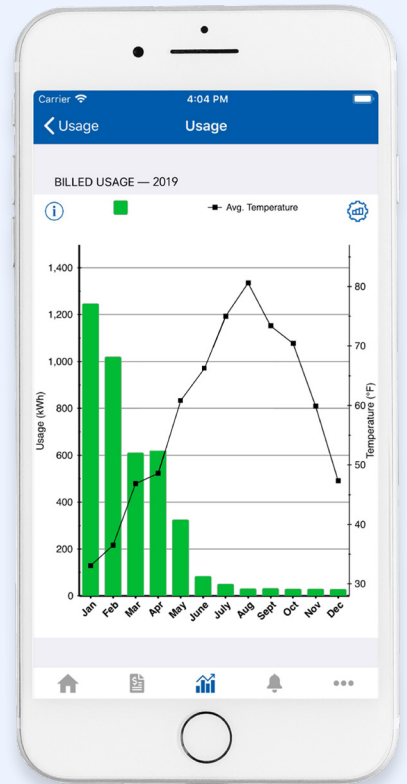
NEED MORE TIPS TO SAVE ENERGY? VISIT [JACKSONEMC.COM/SAVINGTIPS](https://www.jacksonemc.com/savingtips).



Use the fireplace sparingly. It draws the home's heated air up the chimney. Make sure the damper is closed when not in use.



Set your thermostat to 68 degrees in colder months to save on your heating costs.



VIEW YOUR ENERGY USE

Want to learn more about your energy use? View your energy use with the tools on MyJacksonEMC, a website and mobile app for Jackson EMC members.

The tools in MyJacksonEMC allow you to compare your energy use to daily weather temperatures. Typically, you'll use more energy to heat or cool your home when weather temperatures are extremely low or high.

Use the energy use tools in MyJacksonEMC to view your energy use by the hour, day, month or specific date ranges. You can also view your energy use by billing or time periods.

To get started with the energy use tools in MyJacksonEMC, be sure to sign up for a MyJacksonEMC account on the website (MyJacksonEMC.com) or by downloading the MyJacksonEMC mobile app on the App Store or Google Play.

On the MyJacksonEMC website, the energy use tools can be found under the "My Usage" section. On the mobile app, the energy use tools are accessible when you tap the "Usage" icon. To access the most options and features of the energy use tools, visit the MyJacksonEMC website on a desktop computer or laptop.



FOR MORE INFORMATION,
VISIT MYJACKSONEMC.COM.

Athens Nurses Clinic was founded more than 30 years ago as a free clinic offering neighborhood health screenings one evening a week. Today, the nonprofit health care clinic is open four days a week and has more than 500 patient visits a month. Athens Nurses Clinic provides free evaluation, treatment and education for acute and chronic medical and dental conditions to uninsured and low-and-no income residents.

One of its growing programs is its "Free From C" testing and treatment program, which is supported in part by grants from organizations like the Jackson EMC Foundation.

The Jackson EMC Foundation recently awarded a \$15,000 grant to Athens Nurses clinic to help implement the "Free From C" testing and treatment program. Since 2010, Athens Nurses Clinic has received \$43,800 in grant funds from the Jackson EMC Foundation.

"Hepatitis C is becoming very prevalent in Georgia," said Paige Cummings, executive director of Athens Nurses Clinic. "We believe everyone should be tested at least once for Hepatitis C, and this grant from the Jackson

EMC Foundation helps us continue testing and providing the care needed."

The "Free From C" program identifies and treats uninsured, low-income patients diagnosed with Hepatitis C. The program includes community education, weekly counseling, treatment and post-testing. According to Cummings, 125 people have successfully completed the Athens Nurses Clinic's program since it was started three years ago.

While Hepatitis C is more common in certain populations, Athens Nurses Clinic encourages everyone to be tested.

"We really want to catch people who never knew they had Hepatitis C and help educate those who are at risk of getting it," Cummings said. "If we can put relief in the minds of people who have the disease and those who don't know they have been inadvertently exposed, we're doing our job."

With the help of the grant from the Jackson



EMC Foundation, Athens Nurses Clinic will be able to continue attending local community events with testing booths, provide care through a dedicated nurse practitioner and other professionals, and continue educating those with Hepatitis C about treatment options and how to live after treatment.

"Athens Nurses Clinic is here to help people who aren't able to help themselves," Cummings said. "We would not be able to accomplish the things we do without the support from the Jackson EMC Foundation."

FOR MORE INFORMATION ABOUT ATHENS NURSES CLINIC, VISIT WWW.ATHENSNURSESCLINIC.ORG

HOW TO REPORT AN OUTAGE TO JACKSON EMC

**Need to view outages reported to Jackson EMC?
Or, report an outage to the cooperative?**

TO REPORT AN OUTAGE

Members may report an outage to Jackson EMC by visiting outage.jacksonemc.com, by calling 1-800-245-4044 or by using the MyJacksonEMC mobile app.

TO VIEW OUTAGES

Both the website and mobile app offer a map of Jackson EMC's service area that displays currently reported outages.

Outages can be reported 24/7 by using the website, mobile app or calling 1-800-245-4044.



outage.jacksonemc.com



1-800-245-4044



MyJacksonEMC Mobile App

The Jackson EMC Foundation board of directors awarded a total

\$99,969 IN GRANTS

during its November meeting, including \$96,819 to organizations and \$3,150 to individuals.



Judy House

ORGANIZATIONAL GRANT RECIPIENTS:

\$15,000 | American Red Cross Northeast Georgia, to provide disaster relief, including food, shelter, personal needs and clothing, to families in Banks, Barrow, Clarke, Franklin, Hall, Jackson, Lumpkin, Madison and Oglethorpe counties who have lost their home to a fire or natural disaster.

\$12,000 | St. Vincent de Paul - Jefferson, for its financial assistance program that provides funds to Jackson and Banks county families in crisis for rent, mortgage, food, car repairs and insurance premiums, and medical assistance.

\$12,000 | St. Vincent de Paul - Lawrenceville, for its financial assistance program that provides funds to Gwinnett County families in crisis for rent, mortgage and food.

\$12,000 | St. Vincent de Paul - St. Matthew, in Winder, for its financial assistance program that provides funds to Barrow County families in crisis for rent, mortgage and food.

\$10,000 | Judy House, a faith-based transition home for homeless men who have been incarcerated or under community supervision in Barrow, Gwinnett and Hall counties, to provide housing assistance.

\$10,000 | Latin American Association, a nonprofit organization whose “Family Well-Being” focus area fosters stable, healthy Latino families in Clarke, Gwinnett, and Hall counties, to help its Urgent Needs Program, which provides rent assistance to families in need, preventing eviction and further family destabilization.

\$10,000 | Our Neighbor, a Gainesville grassroots nonprofit organization dedicated to assisting young adults with special challenges to reach their maximum level of independence, to assist with its independent living program for residents with disabilities.

\$7,500 | Tiny Stitches, in Suwanee, to provide materials and supplies for its network of volunteers to hand-craft a 28- to 32-piece layette of clothing and blankets to keep an infant warm and dry for the first three months of life, donated to mothers in Franklin, Gwinnett, Hall and Jackson counties who have little or nothing for their newborns.

\$6,000 | Girl Scouts of Greater Atlanta, to offer 120 Gwinnett County girls from low-income households the Girl Scout Leadership Experience, a program that impacts 15 developmental outcomes that help girls discover their own strengths, connect with others in healthy relationships and become more resourceful problem solvers.

\$2,319 | Reins of Life, a Franklin County nonprofit that offers hippotherapy treatment for special needs and at-risk children, youth and their families, to help five clients from Franklin and Banks counties attend therapy sessions that use a horse’s movement to improve neuromuscular function.

INDIVIDUAL GRANT RECIPIENT:

\$3,150 | to an elderly resident to replace an HVAC unit.



FOR MORE INFORMATION AND TO APPLY FOR A GRANT, VISIT JACKSONEMC.COM/FOUNDATION.

NOMINATING COMMITTEE

Jackson Electric Membership Corporation (EMC) has corporate offices at 850 Commerce Highway in Jefferson, Ga., with district offices in Gainesville, Lawrenceville, Jefferson and Hull. Jackson EMC is a cooperative providing electric service to 10 Northeast Georgia counties – Banks, Barrow, Clarke, Franklin, Gwinnett, Hall, Jackson, Lumpkin, Madison and Oglethorpe.

The cooperative is governed by a nine-member board of directors geographically representing the service area. Board members serve three-year staggered terms. Board members representing Clarke County, Gwinnett County and Jackson County will be elected at the 2020 Annual Meeting, which will be held on Thursday, September 17, 2020, at the corporate offices in Jefferson.

Candidates may be nominated by the nominating committee, or by a petition complying with Article III Section 4 of the Bylaws that is signed by 50 or more members. Petitions must be delivered to the Corporation’s office in Jefferson not less than 150 days, and not more than 200 days, prior to the Annual Meeting. The complete director nomination and election process is contained in Articles II and III of the Jackson EMC Bylaws, which are available at jacksonemc.com or at any office.

**YOUR POWER.
YOUR COMMUNITY.**

A PUBLICATION FOR
JACKSON EMC MEMBERS

JACKSON EMC OFFICES
1000 Dawsonville Highway
Gainesville, GA
(770) 536-2415

85 Spratlin Mill Road
Hull, GA
(706) 548-5362

850 Commerce Road
Jefferson, GA
(706) 367-5281

825 Buford Dr
Lawrenceville, GA
(770) 963-6166

EMC SECURITY
55 Satellite Blvd., NW
Suwanee, GA
(770) 963-0305 or
(706) 543-4009

PERIODICALS
POSTAGE PAID



@JacksonEMC



jacksonemc



jackson_emc



jackson_emc



Jackson EMC

jacksonemc.com

GET HOME IMPROVEMENT IDEAS AND SAVE

NORTH ATLANTA HOME SHOW

The new year is a great time of year to plan for home improvement projects. The North Atlanta Home Show offers hundreds of home improvement experts and products under one roof for planning your next projects.

The 2020 North Atlanta Home Show will be held at the Infinite Energy Center in Gwinnett on February 7-9. Experts on everything from flooring and cookware to outdoor lighting and furniture will be at this year's home show in Duluth. Use the accompanying coupon to save on ticket prices.

While you're there, be sure to visit the Jackson EMC booth where our representatives will be on hand to answer your energy-related questions and share information on our products and services.



USE PROMO CODE **JEMCO** AT
NORTHATLANTAHOMESHOW.COM
OR REDEEM AT THE BOX OFFICE.
VALID ON ADULT ADMISSION ONLY.

SPECIAL OFFER - \$5 TICKET

Use promo code **JEMCO** at NorthAtlantaHomeShow.com or redeem coupon at the box office to get a \$5 ticket.
Valid on adult admission only.

Friday, February 7 - Sunday, February 9

North Atlanta Home Show

Infinite Energy Center

6400 Sugarloaf Parkway, Duluth, Ga.

800-395-1350 // NorthAtlantaHomeShow.com

FRIDAY, FEBRUARY 7, 10 A.M. TO 6 P.M.
SATURDAY, FEBRUARY 8, 10 A.M. TO 7 P.M.
SUNDAY, FEBRUARY 9, 11 A.M. TO 5 P.M.

REGULAR PRICES:

ADULTS (ONLINE): \$6

ADULTS (BOX OFFICE): \$8

SENIORS 65+ W/ID: FREE

CHILDREN 12 AND UNDER: FREE