

Cook Children's Peer Support Program



A Listening Ear. A Supportive Presence.

Emotional Support for Any Kind of Stress

At Cook Children's, we believe in showing up for one another. The Peer Support Program aims to strengthen a culture of connection, care, and emotional well-being among our team. Peer Supporters are fellow employees who volunteer to be there when someone needs to talk—offering understanding, encouragement, and a safe space to be heard.

What You Can Expect from Us:

- Confidential emotional support
- Intentional and respectful connections
- Trauma-informed and nonjudgmental conversations
- Awareness of—and referral to—internal and external resources to strengthen mental well-being

Contact Us

PeerSupport@cookchildrens.org

How to Request Support:

Scan the QR code



Connect with a colleague in your department or campus wearing this badge reel

